

Intimate Partner Abuse

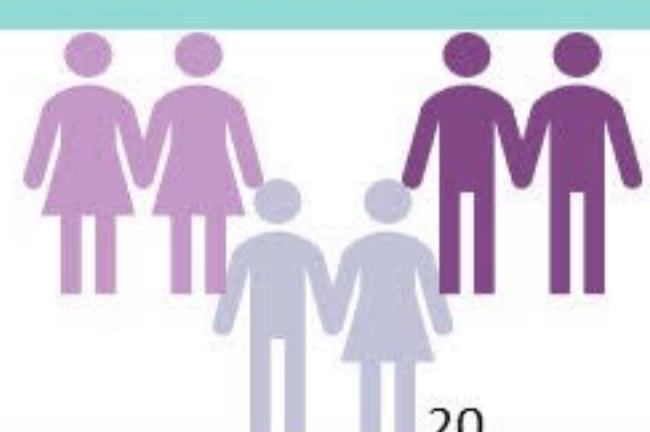
Impact Prevalence

25% of ♀¹⁹  10% of ♂²

Among the top underreported violent crimes⁵

Detrimental impacts on the household and lifelong challenges for children⁴, survivors^{15; 19}, and offenders⁵

Identifying & Defining



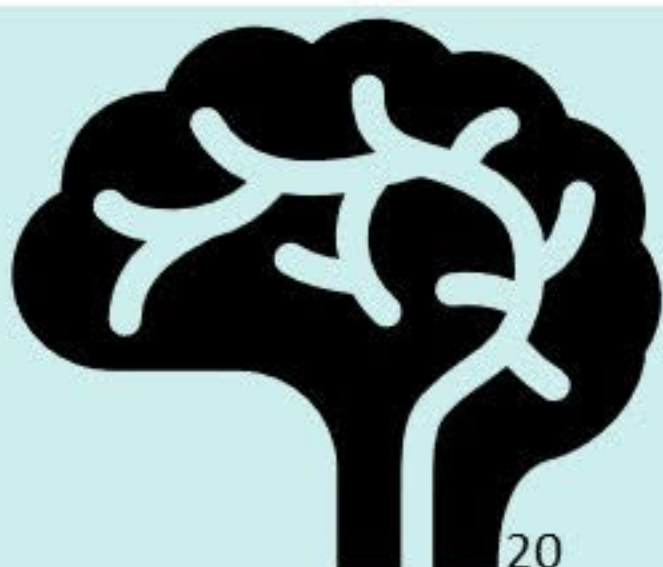
Complications in defining and reporting abuse perpetuates problems^{1; 14}

Intimate Partner: Current or former romantic/sexual partner³

Intimate Partner Violence (IPV)³

Psychological Aggression

Any communication intended to mentally/emotionally harm one's partner and/or control them



Physical Violence

Actual or attempted harm to a partner through physical force

Stalking

Patterns of unwanted attention and contact resulting in fear for self or meaningful others



Sexual Violence

Actual or attempted force of sexual act/touch or non-physical sex event without partner consent

Intimate Partner Sexual Violence (IPSV)¹

Physically Forced Sexual Activity

Unwanted sexual touch without penetration

- Kissing
- Fondling
- Grabbing

Sexual Assault

Use or threat of physical violence for actual or attempted intercourse

- Vaginal
- Anal
- Unwanted oral
- Forced penetration
- Sex with objects

Physical Force

Unwanted penetration when partner can't consent

- Asleep
- Under the influence of drugs or alcohol

Non-Penetrative Sex Act

Penetrative Sex Act

Sexual Abuse

Manipulative & psychologically abusive tactics to keep partner submissive

- Sexual degradation
- Non-contact unwanted sexual experiences
- Reproductive control
- Sexual control

Non-Physical Force

Sexual Coercion

Non-Physical, controlling, degrading & manipulative tactics used for actual or attempted intercourse

- Vaginal
- Anal
- Unwanted oral
- Forced penetration
- Sex with objects

Justice Goals of IPV Survivors⁵

Retributive Justice

Preferred by survivors of severe violence or loss

+ Provides temporary safety during offender incarceration

- Prolongs contact with offender (court-related abuse)

- Potential complications in

- Financial loss
- Childcare
- Damage to reputation or self-image



Restorative Justice

Preferred by survivors with ongoing relationships or joint child custody

+ Focus on repairing harm through

- Offender accountability
- Prioritizing survivor needs
- Promoting healing

- Places undue demand on survivors

- Creates risk of minimizing and perpetuating harm



Resources for Relief

Pursuing assistance is **commitment-free** and **confidential**^{7; 11; 17}.

Accessing resources and seeking social support is important

- promotes improved quality of life¹⁸
- reduces symptoms of PTSD & Depression¹⁸

Impaired executive function follows incidents of IPV, complicating survivors' ability to form a plan and find resources¹²;

these organizations can help:



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