

Emergency Help for Domestic Violence

Emergency Help

If you or someone you know is being abused, get help as soon as possible. You can find the following kinds of help:

- [Legal Help](#)
- [24-hour domestic violence hotlines](#)
- [Shelters](#)

Legal Help

Call the ILAS domestic violence hotline

208-746-7541

Staffed Monday-Friday 10:00 am to 12:30 pm and 1:30 pm to 4:30 pm **Mountain Time** (9:00 am to 11:30 am and 12:30 pm to 3:30 pm **Pacific Time**) by a legal aid attorney who can provide immediate free legal advice with civil problems involving domestic violence.

Translation services can be made available for Spanish speaking callers

Areas of legal advice include, but are not limited to:

- Cases to obtain, modify, or enforce civil protection orders
- Divorce-related separations
- Spousal and child support
- Child custody and/or visitation

To find more information about Idaho laws and ways to help yourself:

- Contact your [local Court Assistance Office](#) (CAO). There are many forms, instructions, and/or videos that you can use as a legal resource.
- Go to the CAO website to download forms, instructions, and/or videos.

<http://www.courtselfhelp.idaho.gov/>

To find a pro bono attorney:

- Call the Idaho Volunteer Lawyers Program
(208) 334-4510
-or-
1-800-221-3295
- Write the Idaho Volunteer Lawyers Program
IVLP
P.O. Box 895
Boise, ID 83701-0895

To find a private attorney:

- Call the Idaho State Bar Lawyer Referral Service
(208) 334-4500

If you have any questions about a lawyer, call the Idaho State Bar, (208) 334-4500

Domestic Violence 24-hour Hotlines and Shelters

Idaho Crisis Lines

National Domestic Violence Hotline: <https://www.thehotline.org/>
1(800) 799–7233 or TTY 1(800)787–3224

Rose Advocates: <https://www.roseadvocates.org/>
24 hour Crisis Hotline: (208) 414-0740

Idaho Domestic Violence Shelters

Search for domestic violence shelters and other assistance. Provided by the Idaho Coalition Against Sexual and Domestic Violence.

[Search for domestic violence shelters and other assistance](#)

Last updated on May 16, 2023.

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