

# Credit Repair: How to Help Yourself (English and Spanish (Español))

You see the advertisements in newspapers, on TV, and on the Internet. You hear them on the radio. You get fliers in the mail, and maybe even calls offering credit repair services. They all make the same claims but how can you repair your credit without hiring an agency?

The Federal Trade Commission created a webpage addressing various ways you can improve your credit yourself, please click the link below.

English: [Repairing Your Credit Yourself - English.](#)

Spanish/Espanol: [Repairing Your Credit Yourself - Spanish](#)

Last updated on November 09, 2021.

[Repairing Credit Debt Management Counseling](#)

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