

Debt Collection - Self-Help Forms



Five Different Sample Letters to Send Debt Collectors

Wondering how to respond to a debt collector?

The Consumer Financial Protection Bureau created the following sample letters to help if you:

- [Need more information](#)
- [Do not owe the debt](#)
- [Want the debt collector to stop contacting you while you dispute the debt](#)
- [Want the debt collector to only contact you through a lawyer](#)
- [Want to specify how the debt collector can contact you](#).

For more information, please visit The Consumer Financial Protection Bureau's website here: <https://www.consumerfinance.gov/consumer-tools/debt-collection/>.

Last updated on November 09, 2021.

[Repairing Credit Debt Collection](#)

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☐ Somewhat helpful
☐ Very helpful

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☐ Not enough information
☐ Unclear information

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