

# Idaho Legal Aid Services, Inc.

Advocacy. Education. Representation.

[www.idaholegalaid.org](http://www.idaholegalaid.org)

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## Domestic Violence <sup>[1]</sup>

### Technology Safety Statement

Use of your home computer to visit this site can be tracked by someone in your home. You may want to use a computer in a public library or internet café. Or contact us through the Idaho Domestic Violence Advice Line <sup>[2]</sup>:

**1-877-500-2980.**



**Domestic violence is a serious national problem**

You can find the following information on this page:

- Find out more about domestic violence in Idaho.
- Find help if you or someone you know is being hurt.
- Find out if you or someone you know is being abused.

Or, you can click below to get to the following information:

- Services <sup>[3]</sup> to find the kind of legal services Idaho Legal Aid can help with.
- Emergency Help <sup>[4]</sup> to find information about legal services, shelters, and hotlines that help with domestic violence.

- [Useful Information](#) <sup>[5]</sup> to find information about domestic violence that you can read, print, or download.

## About Domestic Violence

Domestic Violence is a serious national problem. Between two and four million women are victimized--by intimate partners, family members, or household members--every year. In 1997, Idaho alone reported 16,447 crisis calls made to domestic violence shelters, 2,827 domestic violence offenses, 6,980 filings for protection orders, and 1,042 women seeking temporary refuge in domestic violence or homeless shelters.

Domestic Violence occurs in many forms. It may involve emotional or verbal abuse, denial of access to resources or money, restraint of activities or freedom (including isolation from friends and family), sexual coercion or assault, threats to kill or harm, and physical intimidation or attacks.

Domestic violence is not simply a family matter; it is a crime. If you are being abused, threatened, or harassed, there are many community and government organizations that can help you. And, if you or your family members are in physical danger, there are several places you can call to obtain immediate assistance.

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If you or someone you know is getting hurt, you can find help...

Call:

- **911** if you are in danger
- (800) 669-3176 Idaho 24-hour Domestic Violence Hotline
- (800) 799-7233 (SAFE) National Domestic Violence Hotline
- (800) 656-4673 Sexual Assault Hotline
- (877) 500-2980 Domestic Violence Legal Advice Line

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You are being abused if...

- You are kicked, shoved, chased, slapped, punched, thrown around or physically harmed in any way.
- You are continuously afraid to express your feelings for fear of your partner's response.
- You are forced to have sex against your will.
- You are forcibly isolated from friends and relatives.
- You are verbally degraded.

If any of this is happening to you, you are in danger of getting hurt. Consider getting some help.

Talk with friends about your situation.

**You are not alone.**

Love shouldn't hurt. There is no excuse for domestic violence.

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[Services](#) <sup>[3]</sup> | [Emergency Help](#) <sup>[4]</sup> | [Useful Information](#) <sup>[5]</sup>

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